

Dr. Erkin is one of the first female graduates of the Bornova Anadolu High School. She was graduated from the Ege University School of Medicine in 1977 and specialized in Clinical Biochemistry. She had various trainings abroad in the field of Integrative Medicine.

Dr. Erkin is an advanced level practitioner /trainer of Emotional Freedom Techniques, EmoTrance, Nei-Gong (Chinese acupuncture technique) and a Reiki master /trainer.

Dr. Erkin is the first Turkish EFT master and she is accepted by AAMET(Association for Advancement of Meridian Energy Techniques) as an international trainer in the field of EFT and EmoTrance. She also gives trainings in USA, Australia and England. She is also a trainer in Phytotherapy and Aromatherapy courses which are held in Ege University's Argefar.

Through the trainings she gives, she also provides scholarships for the employees and volunteers of state organisations and NGOs such as Positive Living Society, Duzce Earthquake Study Group , Darussafaka ,and charities working for cancer and MS patients and community work.

She is also a volunteer worker for studies related to children with Down Syndrome and Autism. She owns a clinical laboratory and health center in Izmir since 1982.

Dr. Erkin writes articles on health, phytotherapy, metaphysics for various magazines and newspapers, appears on television channels and seeks to be a good urban person alongside her social activities.

She is member of 14 societies and foundations like KIT-VAK, BALEV (Bornova Anadolu High School Education Foundation), BAL-GOC (Society for Culture and Solidarity for Balkan Immigrants), Turkish Cancer Study Society, Society for Health Institutions of Izmir, Society of Clinically Applied Hypnosis, Society for Applied Energy Medicine and Emergency Medical Society. She is married to Salim Erkin MD and mother of two children.

She is honoured by "Benal Nevzat's Award of Turkish Women Achievers" of the Board of Turkish Achievement Awards in 2003. She received honorary award of "Emissary of Love and Peace" of The Beloved Community from James Twyman in 2006.

Dr. Erkin hosts the Mevlana EGG (ElectroGaiaGram) in the Global Consciousness Project of the Princeton University.

She currently follows up developments in CERN as a researcher and writer.